

BIO-PERFORMX

Endurance

**JOHN DOE
MORAN**

July 29, 2025

TABLE OF CONTENTS

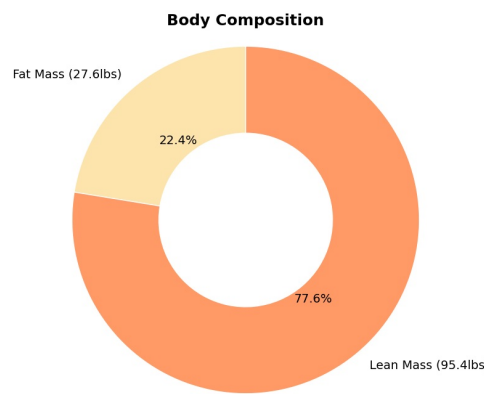
3	Lung Analysis Pulse Oximetry Assessment Spirometry Assessment
4	Cardio Metrics Active Metabolic Rate Assessment
5	Fuel Utilization
9	Local Muscle Activity
10	Training Recommendations
12	Next Steps
13	Glossary

Nutrition Guidelines

Ultrasound & Body Composition Assessment

Designed to track and optimize exercise and diet. Its proven technology can accurately measure tissue structure and body composition.

Body Composition



Body Fat Percent - 22.4%

